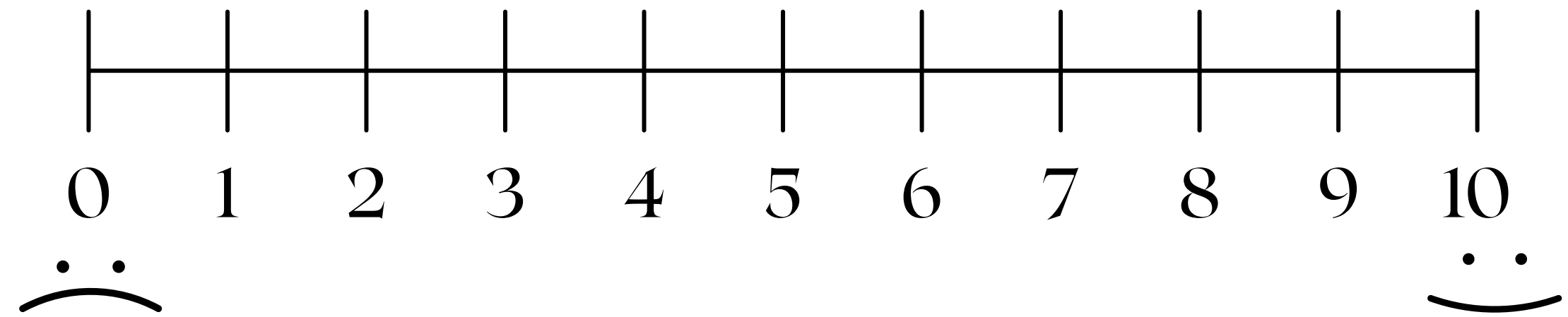




Vision Work Book

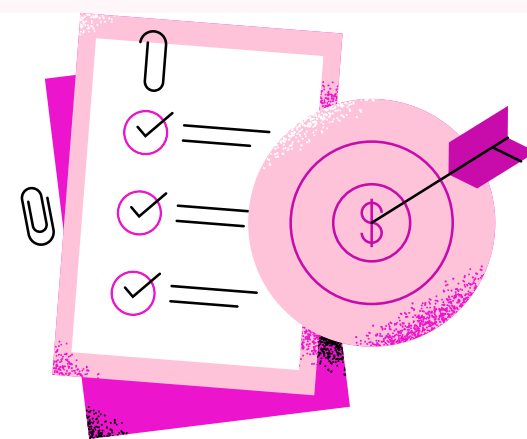
My Career/Business

How do you feel about your Career/business at the moment?

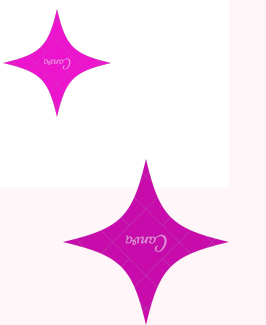


What made you pick this number?

What can you do to improve this number?



- What are your income goals for 2022?
- What kind of work do I want to do?
- What kind of people do I want to surround myself with?
- What offers do you need to create to reach them?
- How many sales do you need to make per offer?
- How are you going to reach & convert enough people?

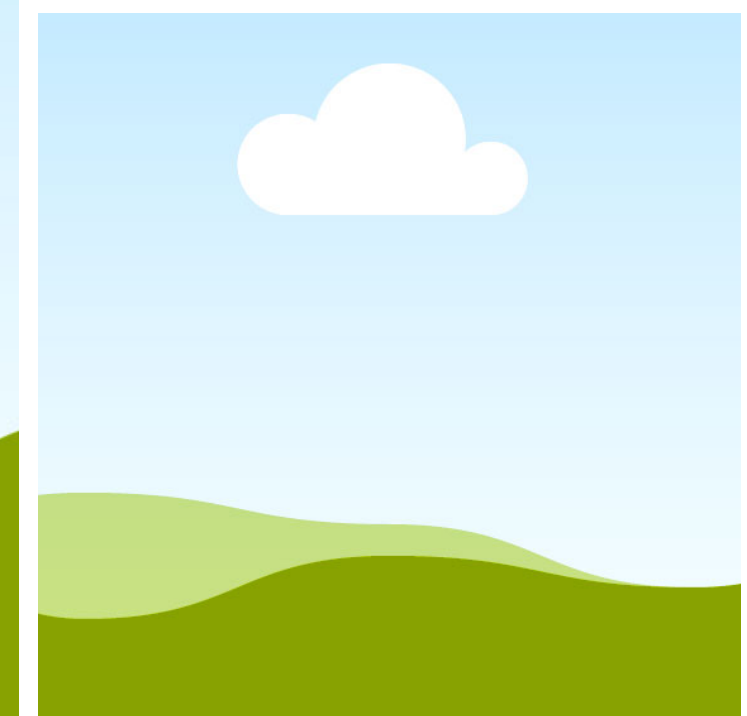
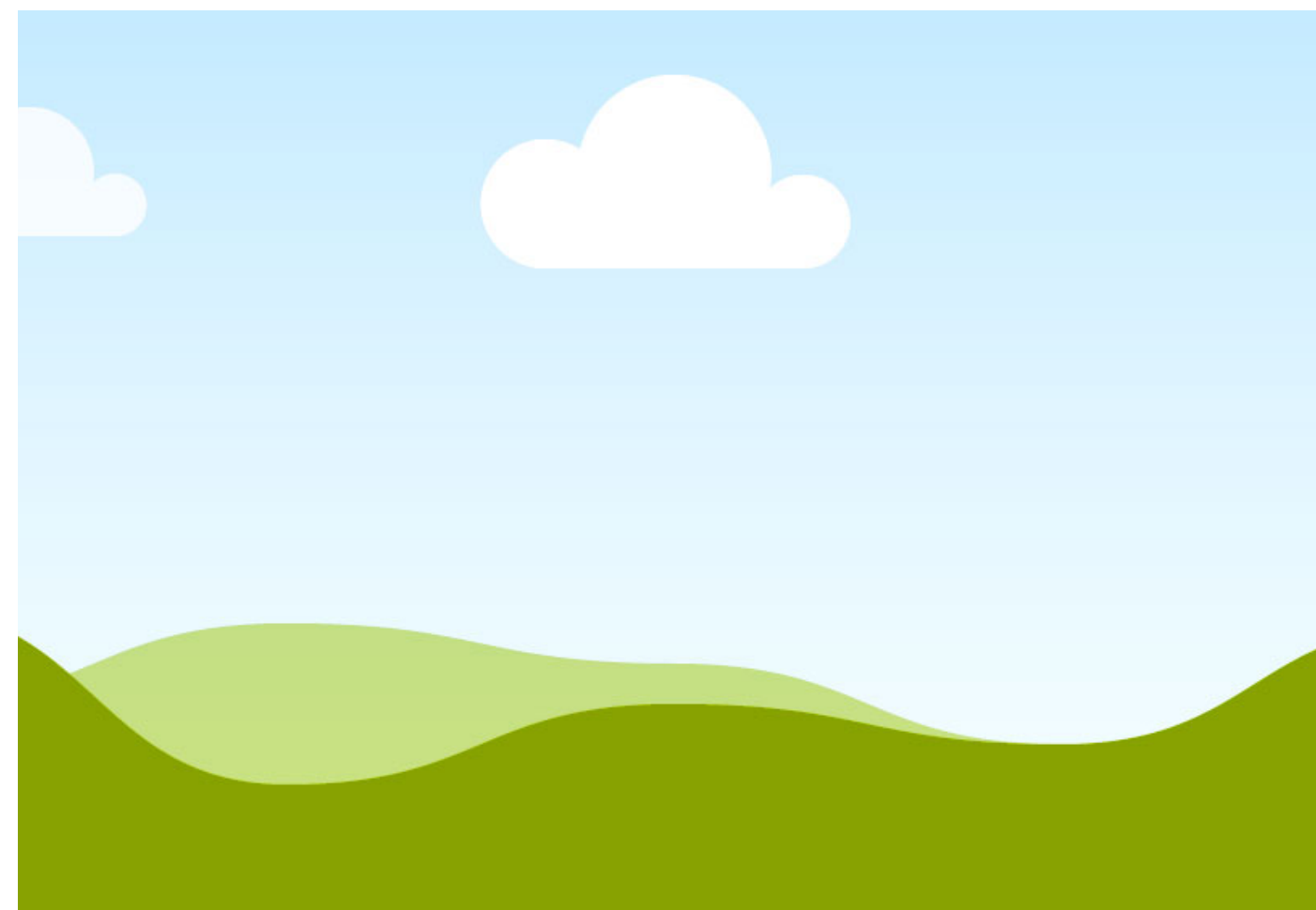
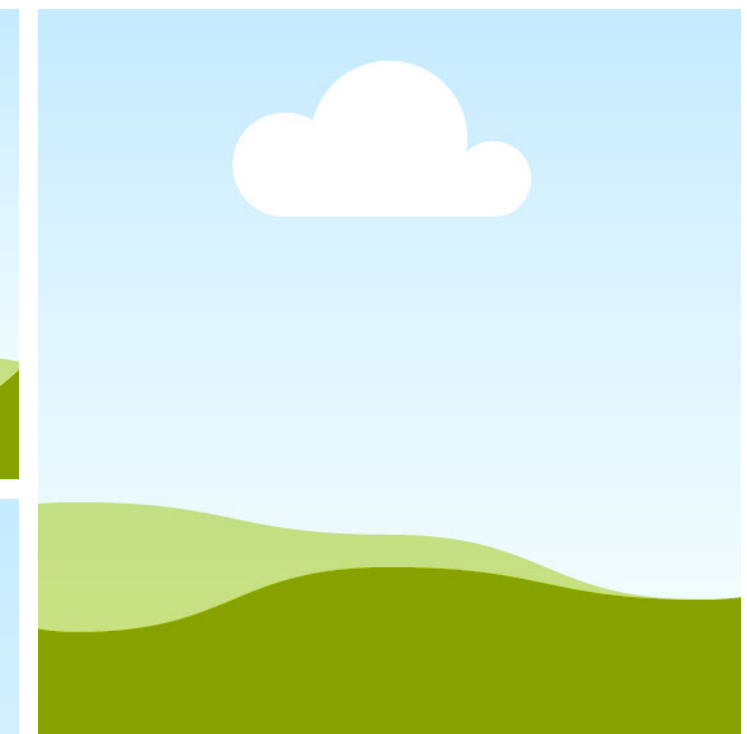
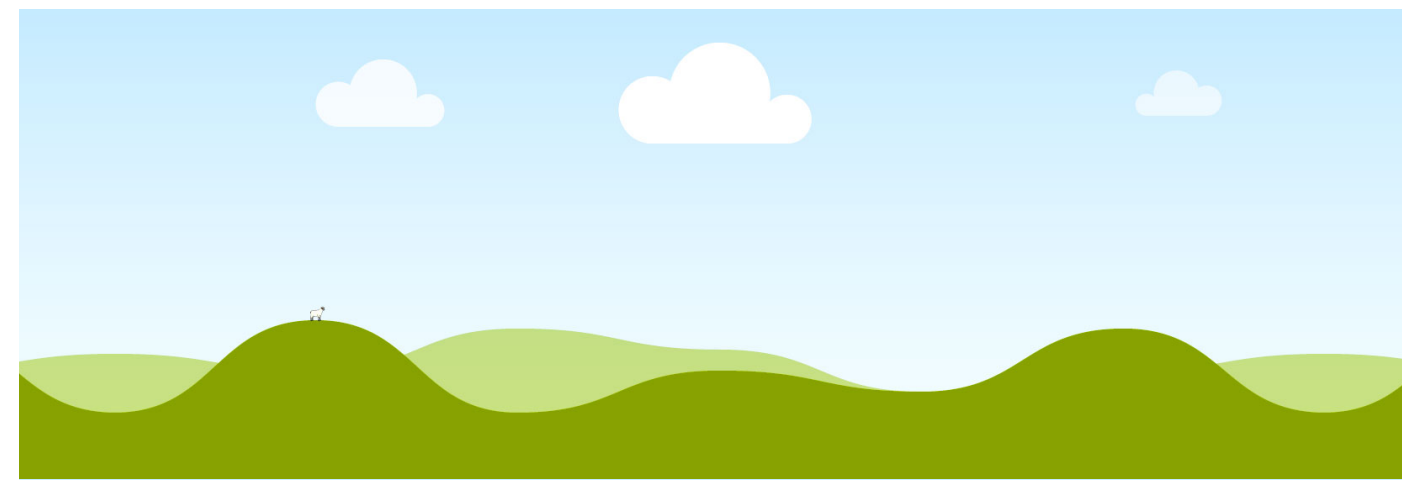


My income goal is:

My offers are:

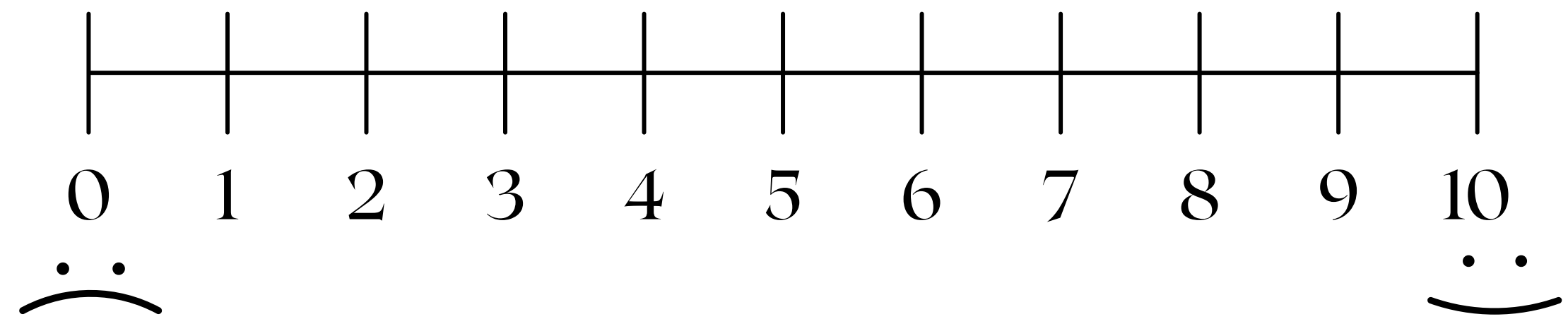
The ways I will share this offer are:

How I want to feel in my business



Money & Finances

How do you feel about your personal finances at the moment?

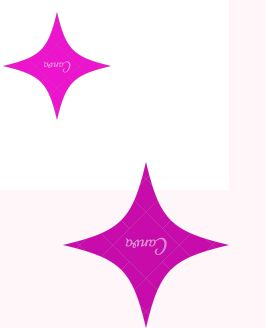


What made you pick this number?

What can you do to improve this number?



- What are your personal finance and money goals for this year?
- What spending habits do you need to change to reach them?
- What investments are you planning to make?
- What's your strategy when it comes to savings?



My personal finance goal is:

My new spending habits are:

My planned investments are:

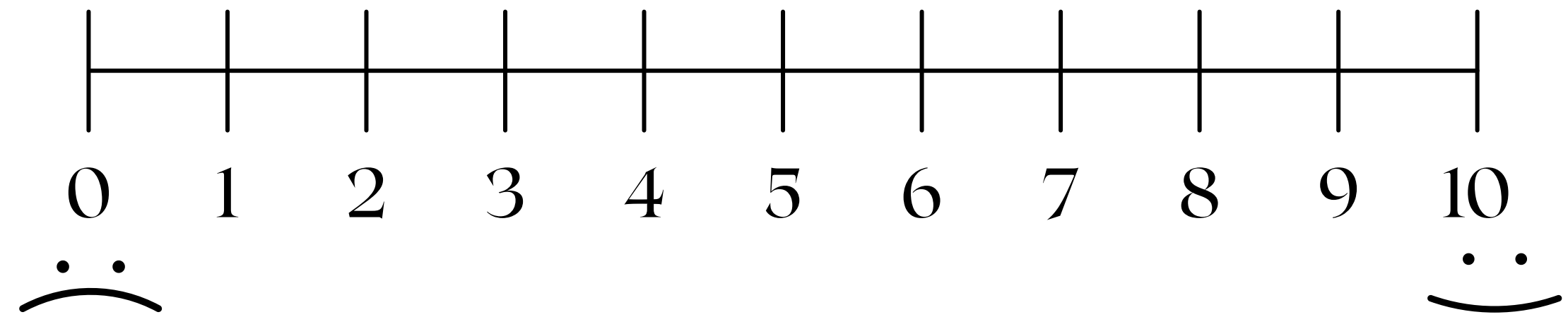
My savings strategy is:

What this allows me to do/have:



Recreation, Leisure & Fun

How do you feel about the amount of self love, leisure and fun in your life at the moment?

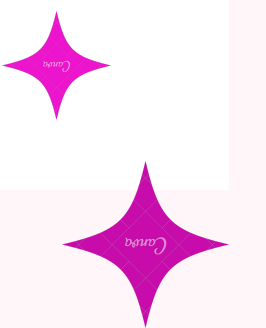


What made you pick this number?

What can you do to improve this number?



- How will you incorporate self-love, leisure, and fun into your life in 2022?
- How much time will you make per week for self love and leisure?
- When will you make this time (tip: actually schedule it in your calendar)?
- What fun activities do you want to do in 2022? When will they happen?



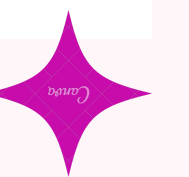
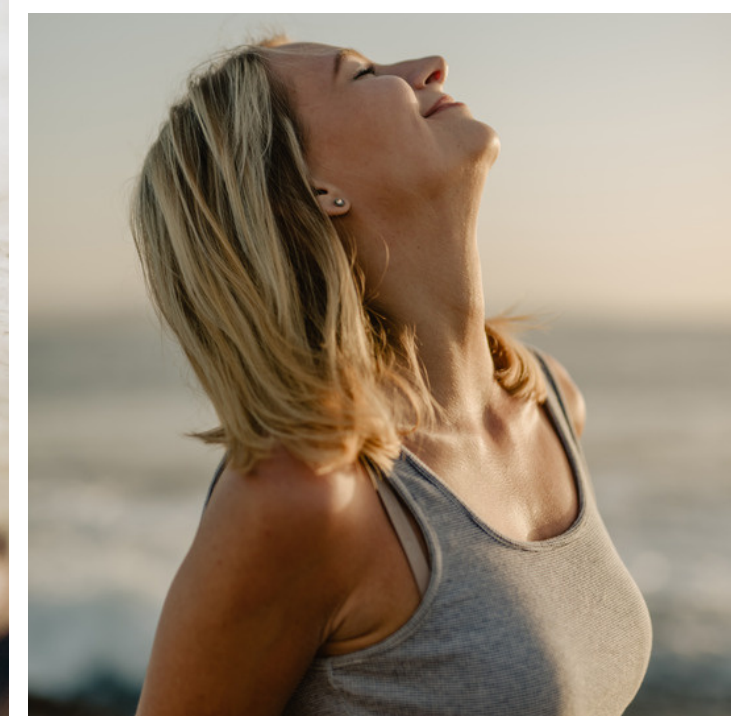
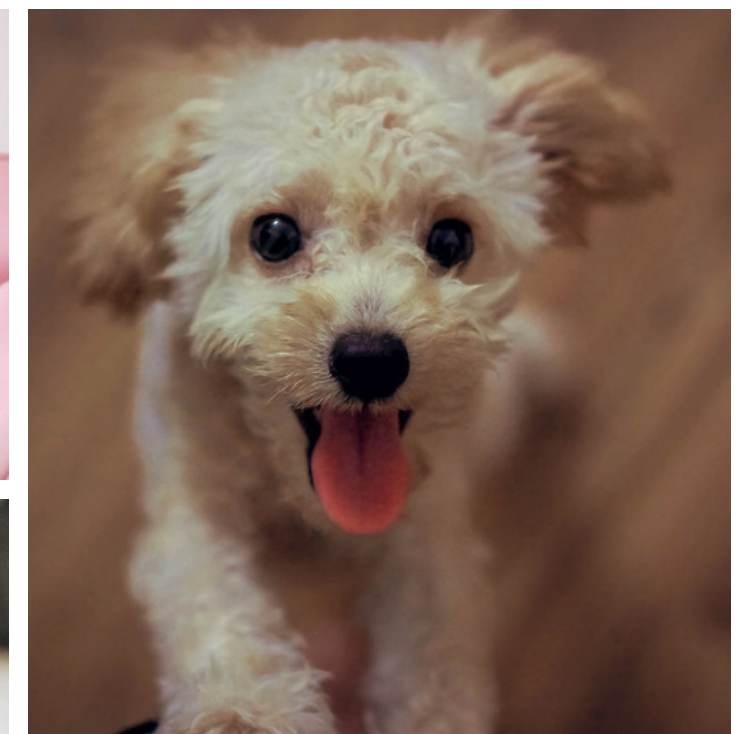
How I find joy & reenergize:

Amount of hours I will take
for myself every week:

Hobbies I want to start or
rediscover:

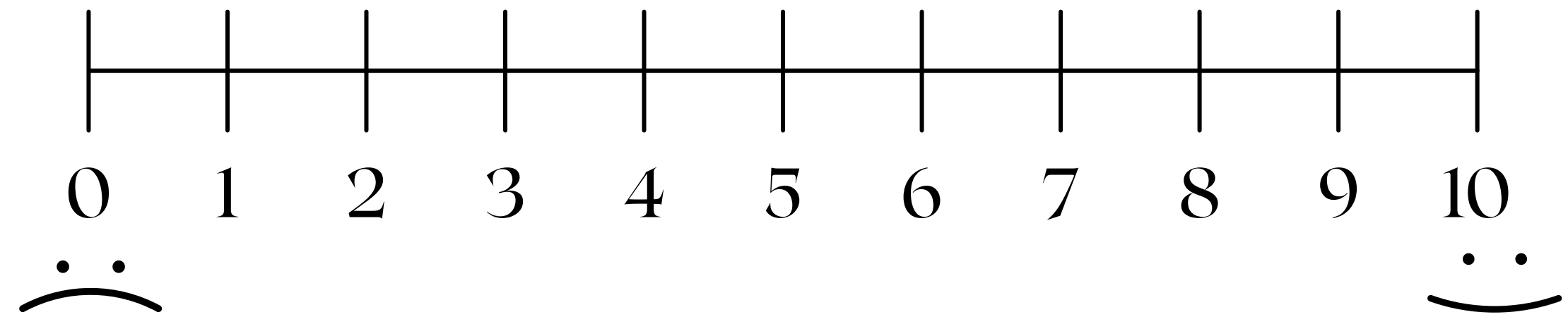
Self-care activities
I'll do frequently:

Fun activities/Memories I want
to create:



Spirituality & Personal Development

How do you feel about your spirituality and personal development at the moment?

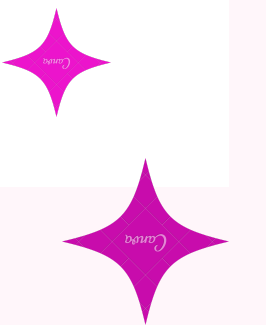


What made you pick this number?

What can you do to improve this number?



- How will you incorporate spirituality and personal development into your life in ?
- How much time will you make per week for spirituality and personal development?
- When will you make this time (tip: actually schedule it in your calendar)?

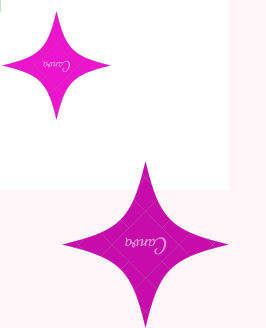


How I reconnect to the source & grow:

Amount of hours I will take for spirituality and personal development every week:

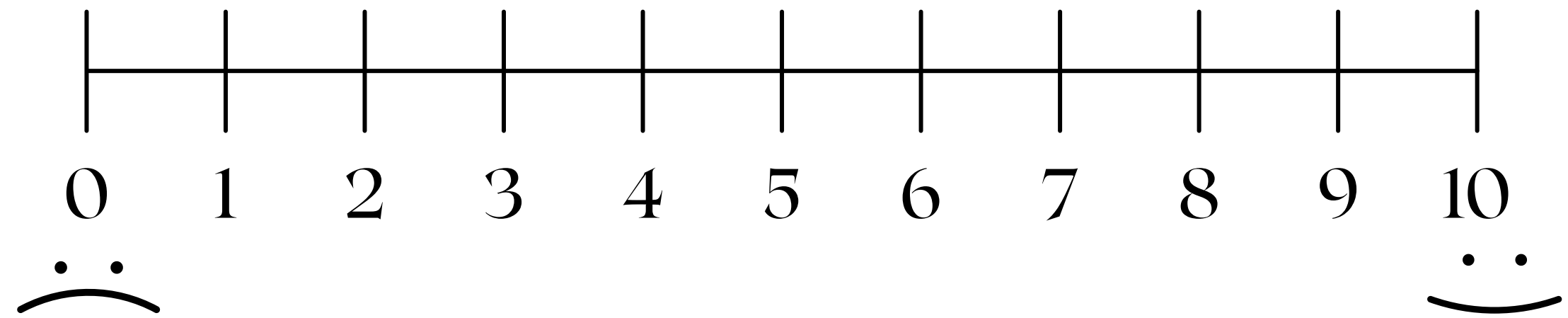
Practices I want to start or rediscover:

How I'll be holding myself accountable:



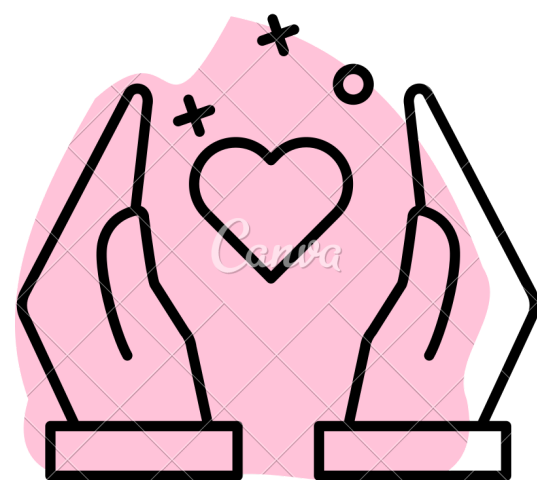
Family & Friends

How do you feel about your life when it comes to family and friends at the moment?

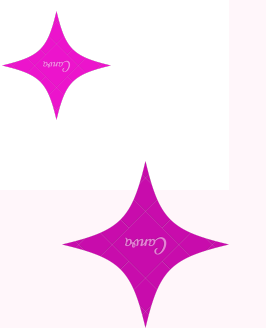


What made you pick this number?

What can you do to improve this number?



- Whom do you want to see more of?
- How much time will you make per week for spending quality time with loved ones?
- When will you make this time (tip: actually schedule it in your calendar)?
- What memories do you want to create with whom?

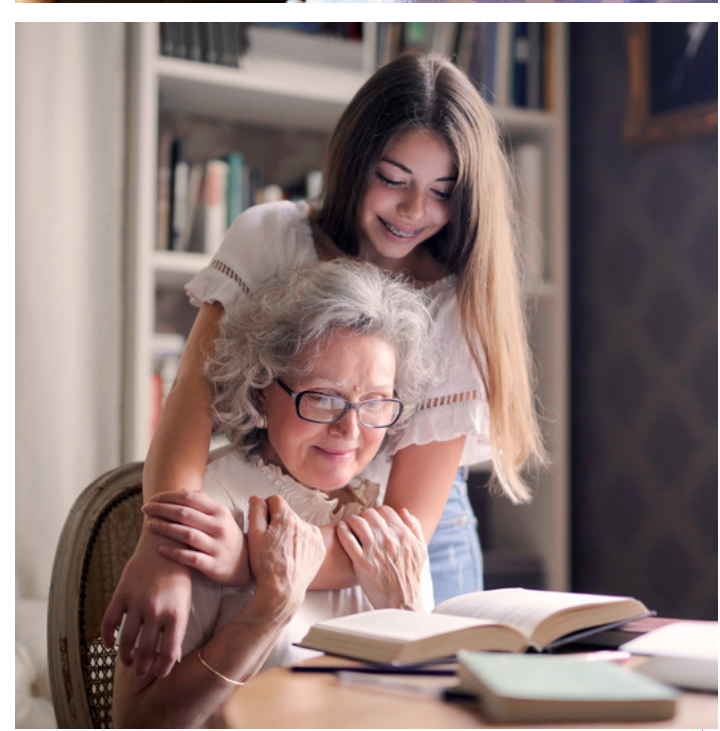


Memories I will create with my loved ones

Amount of hours I will take for my loved ones every week:

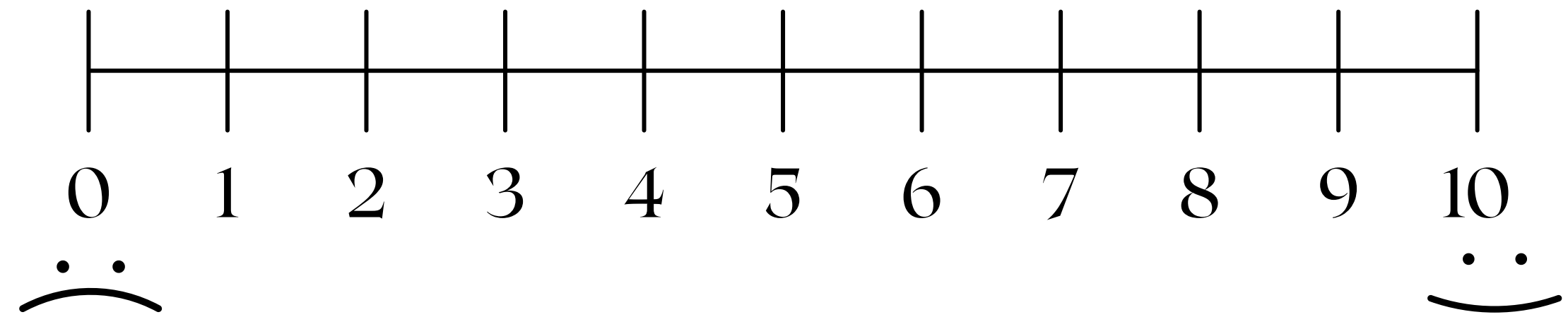
Whom I want to see more:

How I'll make sure we spend quality time together & create unforgettable moments:



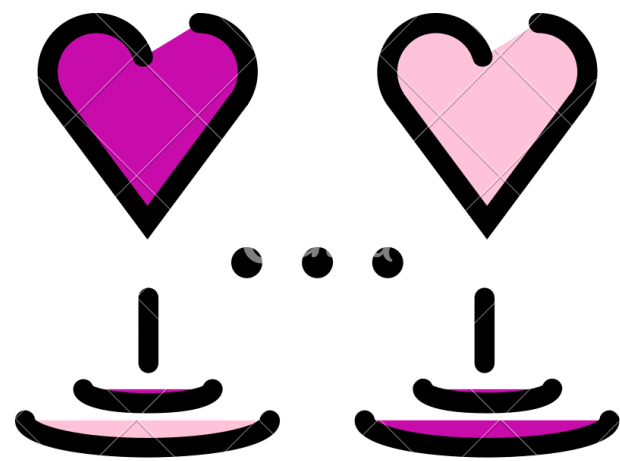
Love Life

How do you feel about your love life at the moment?

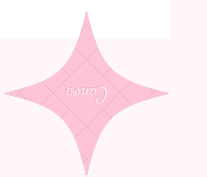


What made you pick this number?

What can you do to improve this number?



- How do I want my love life to look like ?
- How do I want to feel as a single, with my lover or partner?
- What can I do to create meaningful interactions, connection, and intimacy?
- What do I look for in a partner in? How do I want to become a better (potential) partner?

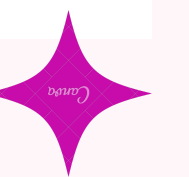


How my love life looks & feels in 2022

How I will create meaningful interactions, connection and intimacy:

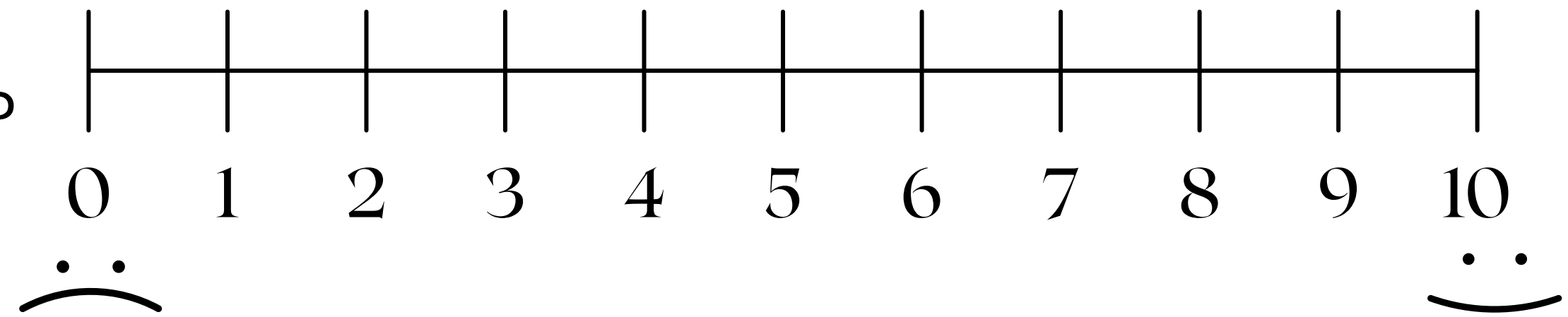
What I look for in a partner

How I want to become a better (potential) partner:



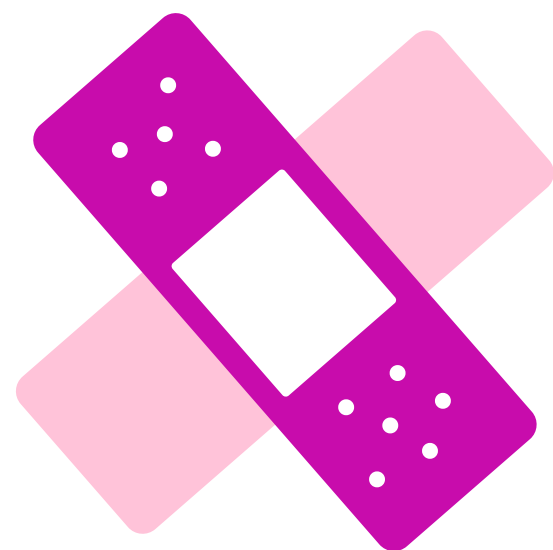
Health & Physical Well-Being

How do you feel about your health and body at the moment?

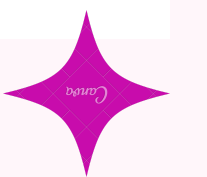


What made you pick this number?

What can you do to improve this number?



- How will I take great care of my health and physical well-being?
- What are my health and body goals?
- What habits do I need to change or create to protect my health and physical well-being?
- What treatments or procedures that contribute towards my health and well-being will I get done?



My body goals are:

Habit changes and new habits
that will protect my health &
physical wellbeing:

How I want to become a better
(potential) partner:

How I take care of my health and body now:



My body goals are:

Habit changes and new habits that will protect my health & physical wellbeing:

How I want to become a better (potential) partner:

